



# **Week One: Losing Your Marbles**



## Conversation Starters (20 Minutes)

- Please share with the group your name, how long you've been married, and about your kids.
- What are you most proud of about your family?



## Watch The Video (Click Here - 15 Minutes)

One of the greatest ways to \_\_\_\_\_ as parents is to learn from our \_\_\_\_\_ and others.

We have approximately \_\_\_\_\_ weeks with our kids.

The number one \_\_\_\_\_ in your kid's life is \_\_\_\_\_.

You can't totally \_\_\_\_\_ your kids, but you can control your \_\_\_\_\_.

If you are feeling \_\_\_\_\_, that is totally \_\_\_\_\_.



## Group Discussion (45 Minutes)

1. What is the one thing you hope to learn through this parenting experience?
2. Robert stated we are the number one influence in our kids' lives. In what ways are you positively and negatively influencing your kids? What should or could you do to influence your kids differently?
3. How can you set your kids up for success?
4. What are some mistakes you have seen other parents make that you have been able to avoid?
5. What mistakes have you made as a parent and what did you learn?
6. Read aloud **Proverbs 15:22 & 24:6**. While you hopefully haven't waged war in your parenting, these scriptures emphasize the importance of wise counsel. Who are you putting in the lives of your kids to help support them, influence them, and support you in your parenting?
7. While you can't control your kids, what are some areas you need to gain some control in as a parent?
8. What is one change you can make this week to improve your parenting?



## Prayer (10 Minutes)

How can we pray for you in your parenting this week? After everyone has time to answer this question, spend some time praying for each other as a group.



## Action Items (Complete on your own)

1. The final question of the Group Discussion this week was “What is one change you can make this week to improve your parenting.” Write your answer to that question below.

---

---

---

---

2. When and how are you going to make that change this week?

---

---

---

3. Write the names of your kids that change would impact.

---

4. What is the impact that would result from this change?

---

---

5. Who are you going to share this plan with to hold you accountable to make this change?

---