



***Week Three: How Our Kids  
Spell "LOVE"***



## Conversation Starters (20 Minutes)

- Share with your group what age ranges you wrote for each of your kids for the four stages of parenting (Caregiver, Cop, Coach, & Consultant).
- Describe one of the best memories you have with your kids. Where were you? What did you do? Why was it so special?



## Watch The Video (Click Here - 15 Minutes)

Kids spell love: \_\_\_\_\_ .

\_\_\_\_\_ time is just a myth. It is just \_\_\_\_\_ .

If you can win the \_\_\_\_\_ , you can win the \_\_\_\_\_ .

The most important \_\_\_\_\_ is the \_\_\_\_\_ .

When \_\_\_\_\_ your kid, the most important thing to do is \_\_\_\_\_ .



## Group Discussion (45 Minutes)

1. How do you spend time with your kids? Describe your successes and challenges.
2. Describe a time when you tried to spend “quality time” together as a family and it didn’t quite live up to what you or your kids expected?
3. Robert said, “If you win the dinner table, you can win the family.” What does the average dinner time look like at your house?
4. What practical steps could you take to ensure family dinners happen regularly?
5. What questions do you ask your kids at dinner, on dates, or during an uninterrupted time? What questions or topics inspire conversation?
6. Are you dating your kids? If so, what does that look like? If not, how can you make that happen?
7. Read aloud **Matthew 6:21**. While this scripture is usually thought of in reference to money, what can it teach us about parenting? How do you build patterns into your schedule so you use your most valuable resource (time) to the fullest?



## Prayer (10 Minutes)

How can we pray for you in your parenting this week? After everyone has time to answer this question, spend some time praying for each other as a group.



## Action Items (Complete on your own)

1. Based on today's conversation on time, what changes do you want to make? Provide specific details about these changes.

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2. Our lives are busy. In order to fight against busyness, we must take something out of our lives or schedules when we add something new. In light of what changes you want to make, what other changes do you need to make in your current life or schedule to make your desired changes possible? (Think about all the possible distractions and reasons that would prevent this change or changes from becoming a regular habit.)

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3. What would the impact of these changes mean for your family?

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4. What might happen if you don't make these changes?

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