Where’s the Health? || Social Health
Small Group Notes

INTRODUCTION
Issues like discrimination have always been part of the human story. But, it is time to ask how we can change the narrative. If we are honest, we know this world is broken and in need of a Savior. The Bible is clear about discrimination. As Christians, we are all equal in the eyes of God and are called to love everyone.

CONVERSATION STARTERS
1. What would constitute a “perfect” day for you?
2. Have you ever been out of the country and experienced a different culture? What did you notice were the similarities and differences? Did it make you feel different?

SERMON NOTES REVIEW
Looking back at your sermon notes from this weekend’s teaching, was there anything said that caught your attention, challenged you, or confused you?

WATCH THE VIDEO
https://youtu.be/Z4dUeqZR09o

GROUP DISCUSSION
1. Which of stands out to you and how is God working on you?
   1. Repent & Confess
   2. Build relationships with people who are different than you
   3. Extend the grace you want to receive.
2. How does it make you feel when you are passionate about something and others show indifference about it? How do you deal with that?
3. How does Jesus call us to respond to those we disagree with?
5. This weekend Chad said, “Just because I haven’t experienced it, doesn’t mean it doesn’t exist.” What are some things you have experienced others might not understand?
6. We are living in a world where everyone feels like they need to share their opinions. What would Jesus say about what and how you communicate on social media?
7. Chad has called the church to fight for unity. Read aloud Galatians 3:28. Paul assures Chirstians that through Jesus they have been fully united with all other Christians. There are no lesser Christians in the family of God. Men are not superior to women. No race has a higher value. How is this possible? As Christians, we are one. We are united. No one can be higher and no one can
be lower because we are all equal in the eyes of God. What are some ways or some steps we can take to strive for unity?

**PRAYER**

God: We need you. Some days feel so broken and uncertain. We are hurting and struggling. We are aware, more than ever, of our own weaknesses and of the dark forces that constantly surround us fighting to gain ground in our lives and families. We choose to stand our ground today and say “no more.” We ask for Your help to set aside our differences and look to the greater cause, the cause of Jesus. We ask You to help us truly live a life of love. We ask You to surround this country and cover us with Your mighty hand. We pray for unity in our land. In spite of our differences, we ask for Your strength to help us stand strong together and live out our days with compassion and grace. Remind us to live aware, to redeem the time we have left, listen to Your words, and be willing to make a difference. Give us the courage to speak out. In the name of Jesus we pray, Amen.

**ANNOUNCEMENTS**

- To hear the latest on our re-gathering plan, visit [https://www.sunvalleycc.com/updates/](https://www.sunvalleycc.com/updates/)

- You can register to attend services in person starting on Sunday, June 21 at [https://rock.sv.cc/page/870](https://rock.sv.cc/page/870)