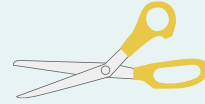


WEEKLY

Schedule

Make It
MONDAY



Create a fun craft, color, try out a new recipe or build something!

Take a Trip
TUESDAY



Plan an outing and do something outside of the home for the day
- drive around - walk to the mailbox - park -

Water Play
WEDNESDAY



Cool off and enjoy some water activities
- swim - sprinkler - water balloons - splash pad -

Thinking
THURSDAY



Learn something new today
*- read a book - Nat Geo - do an experiment -
- play an educational game -*

Favorite
FRIDAY



Kids choice for daily activity

Make A

Kids



BUCKET LIST

Go to the splash park

Ride a wave

Stay up past midnight

Catch fireflies

Go on a road trip

Do a nature scavenger hunt

Play mini golf

Ride a roller coaster

Have a campfire

Go cherry picking

Day at the pool

Go camping

Jump in a lake

Go bowling

Visit a farmers market

Read a book

Family game night

Dance in the rain

Build a sandcastle

Go fishing

Volunteer

Camp in the backyard

Make a dandelion wish

Go tubing

Play laser tag

Stargaze

Collect seashells

Day trip to the beach

Take a hammock nap

Have a water balloon fight

Go kayaking

Watch a sunrise

Go on a bike ride

Fly a kite

Tye-dye shirts

Go to an outdoor concert

Jump on a trampoline

Go to a baseball game

Watch fireworks

Make homemade ice cream

Feed the ducks

Paint rocks

Watch an outdoor movie

Family movie night

Enjoy snowcones

Build a fort

Make the perfect s'more

Go on a hike

Make lemonade

Have a picnic

Bury your toes in the sand

Go to the zoo

Build a time capsule

Go to an arcade

DAILY

Schedule

7:00 am

Wake up

7:30 am

Breakfast

8:00 am

Brush teeth, get dressed, hair brushed

8:15 am

Free Play

9:15 am

Daily Work

10:15 am

Outdoor Time

11:15 am

LUNCH

11:45 am

Bible Time

12:15 pm

Nap

2:15 pm

Science or Math Fun

3:15 pm

Games or TV Show

4:15 pm

Crafts or Activity

5:00 pm

DINNER

5:45 pm

Screen Time or TV

6:15 pm

Bathtime

6:30 pm

Get ready for bed

7:15 pm

Bedtime Story

Kids



CHORE CHART

Ages 2-3

- Pick up toys
- Dirty clothes in hamper
- Throw away trash
- Assist in making bed
- Put clothes in drawer

Ages 6-7

- *All previous chores
- Put away groceries
- Help pack school lunch
- Sort laundry
- Make bed
- Help unload dishwasher
- Set the table
- Clear the table

Ages 10-11

- *All previous chores
- Vacuum
- Wipe down counters
- Make a simple meal
- Clean shower/toilets
- Help with grocery shopping
- Take trash to curb

Ages 4-5

- *All previous chores
- Set table
- Pull weeds
- Replace toilet paper rolls
- Feed pets
- Wipe up spills
- Water houseplants
- Sort clean silverware

Ages 8-9

- *All previous chores
- Put away dishes
- Bring in mail
- Load dishwasher
- Collect trash
- Walk dogs
- Pull weeds and rake
- Hang/fold clean clothes
- Sweep
- Help in the kitchen

Ages 12+

- *All previous chores
- Watch younger siblings
- Mop floors
- Mow lawn
- Clean the garage
- Simple home repairs
- Change lightbulbs
- Wipe mirrors and windows